



**Atlantic Hockey Federation
Rulebook
2023-2024**

1. Hockey Operating Rules	2
2. League Staff (see AHF season guidebook for staff and contacts)	2
3. Equipment	2
4. AHF Structure	2
4.1 Age Levels	2
4.2 Participation	3
4.3 Declarations	3
5. Operations	4
5.1 Rostering	4
5.2 Player Movement:	4
5.2.2 10U-18U:	4
5.2.3 6U/8U/Mites:	5
5.3 Parity Event - Division Composition	5
5.4 Scheduling	6
5.5 Game Play and Game Day Protocols	7
5.6 Regular Season Overtime and Shootout Format	8
5.7 Playoffs	8
5.8 Showcases and Showcase Fees	9
5.9 Suspensions	9
6.0 Federation Discipline Policy	10
7.0 Player and Coach League Waiver	13
8.0 Spectator and Zero Tolerance Policy	13
9.0 Spectator and Player Video Policy	13
Appendix	14
1) Inclement Weather Policy	14
2) Inclement Weather Postponement/Reschedule Guidelines	14
3. Participant Waiver	15

PLAYING RULES OF THE ATLANTIC HOCKEY FEDERATION, LLC (“AHF”)

1. Hockey Operating Rules

The Atlantic Hockey Federation (“AHF”) shall attempt to abide by all USA Hockey rules and regulations as presented in the USA Hockey Annual Guide unless expressed otherwise in the AHF By-Laws or these Rules and Regulations, or at the discretion of the Board of Governors. Any member team, player or person in violation of USA Hockey or AHF rules or regulations is subject to discipline by the Commissioner. Failure to comply shall be dealt with by the Commissioner who can apply multiple sanctions as well as levy fines.

2. League Staff (see AHF season guidebook for staff and contacts)

- a. Director**
- b. Commissioner**
- c. Deputy Commissioner**
- d. Director of Hockey Operations**
- e. Director of Administration**
- f. Director of Scheduling**
- g. Director of Operations**
- h. Director of Officiating**

3. Equipment

- 1. The home team is required to wear a light color jersey, and the road team is required to wear a dark color jersey for all games unless agreed upon in writing prior to the game.
- 2. Players must follow USA Hockey Rules & Regulations in regards to equipment.

4. AHF Structure

4.1 Age Levels

- 1. The AHF has divisions of play at the Tier 2 level at the following age classifications:
 - a. Mites: 6U, 8U Half Ice & Non USA Hockey 8U Full Ice AAA division
 - b. Tier II AA: 9U, 10U, 11U, 12U, 13U, 14U, 15U, 16U, 18U
 - c. Tier II A: 10U, 12U, 14U, 16U, and 18U
 - d. Tier II B: 10U, 12U, and 14U

4.2 Participation

AHF offers the following membership options: Full Season, Partial Season, NJ Split Season, NY Full Season, NY Partial Season Travel Only and National Showcase member.

1. Full Season teams (Atlantic):
 - a. AA: 40 games = 28 home and home games plus 12 showcase games
 - b. A/B: 36 games = 28 home and home games plus 8 showcases games
 - c. All mid-atlantic teams shall play full season
2. Partial Season:
 - a. 16 games = 8 home and home games plus 8 showcase games
 - b. Partial Season members must participate in the AHF Playoffs.
 - c. In certain circumstances member organizations may seek approval from the Board of Directors and the Board of Directors may grant approval for specific teams in a member organization to participate as a partial season team.
3. New Jersey Midget Split Season
 - a. 24 games = 16 home and home games plus 8 showcase games
4. New York Full Season
 - a. AA: 24 games = 12 home and home games plus 12 showcase games
 - b. A/B: 2- games = 6 home and home games plus 8 showcase games
5. New York Partial Season Travel Only
 - a. AA: 16 game = 4 Away games and 12 showcase games
 - b. A/B: 16 games = 8 away games and 8 showcase games
 - c. Home games provided where available but not guaranteed
6. Showcase only teams (non Mid-Atlantic based only)
 - a. Eligible for playoffs provided they play a minimum of 12 games
 - b. Non-Mid Atlantic/ Northeast; showcases can be used in lieu of loose games.

4.3 Declarations

1. All teams in AHF organizations self declare their level(AA, A or B). Team declaration submission deadline will be published in the season guidebook. League Members will submit team and level declarations to the AHF staff by the end of April. Team level declaration submission deadline will be published in the season guidebook
2. League Members will not be required to compete at all levels but WILL be required to have all registered Tier II teams in their program participate in the league.
 - a. Teams outside mid-atlantic excluded
3. Changing Declaration
 - a. Following the parity event, teams can petition the competition committee to move the team up a division or down a division from the team's initial level declaration.
 - b. Requests to change level designation must be made within 5 days after the completion of the parity date. Requests must be sent via email to the AHF Commissioner.
 - c. The competition committee will review the results of the games at the parity event and will make a recommendation to the AHF management for approval or rejection of the appeal. The AHF management decision regarding placement is final and binding.

5. Operations

5.1 Rostering

1. The League will be using Game Sheet software for rostering, scoring, standings and statistics
2. League Members must identify one contact person within their organization that will be responsible for providing all the rosters to the AHF office. AHF staff will not deal with individual teams. The roster coordinator for each member organization will have to gather the rosters for their entire club, submit the USAH rosters and input the rosters directly into Gamesheet.
3. League Members must provide an approved USA Hockey roster (T-1) by the date provided in season AHF Guidebook. Only properly USAH certified players and coaches will be allowed to participate in any AHF games.
4. Roster changes must be submitted to the league 24 hours prior to game start time and by 5pm on Friday for weekend games. Submissions after said deadlines are not guaranteed to be approved for said game. A team that plays a player not on the active roster is subject to penalties which can include forfeiture of the game. Rule will be waived in instances where a team must use an emergency goalie to play the game as scheduled.
5. If a player is added or dropped from a USAH roster the League Member must provide the latest USAH approved roster to the AHF staff and they must update the AHF roster system. All roster moves must be made in accordance with the protocols outlined in the AHF season guidebook.
6. For the 9U, 11U, 13U and 15U divisions, teams are permitted to roster two(2) players that are 1 year older.. An organization can appeal to the commissioner of the league to add two(2) additional overage to the roster for the season. The 4 max overage players are allowed to play in any game. The decision and ruling by the commissioner is final and there is no appeal process as the commissioner's decision in this matter is final and binding. (Emergency goalie)
7. The Board of Governors in its sole discretion may elect to privately insure showcases in which case the member clubs will have to attend using a different name than their primary USA Hockey team name.

5.2 Player Movement:

5.2.2 10U-18U:

1. Alternate players may be called upon from other teams within the organization from younger age teams or from the same age lower division teams within the organization. Players called upon for more than 15 games shall become a full-time member of that team and will forfeit full time status on their other team.
2. A male player cannot compete in the league if he is also rostered on a Tier I youth team. (Females can be dual-rostered)
3. Moves are not permitted after December 31 of the playing season. See emergency goalies rules for exceptions.
4. A player may not skate on more than one level (AA, A, B) except for goaltenders.

5. Goaltender substitutions
 - a. "AA" goaltender shall not be able to play at "A" and "B" level without league approval by league commissioner.
 - b. A goaltender may be used from the age division immediately below in the same Association.
 - c. A goaltender may be used from any other AHF team, including the opposing team, at the same level or the age group immediately below. However, an "A" goaltender may not be used for a "B" team on the same level without league approval from the league commissioner.

5.2.3 6U/8U/Mites:

1. All 6U-8U
 - a. An Organization may move a Mite-aged player from one team to another as it sees fit up until December 31st of the current season.
 - b. Mite-aged players who are granted USA Hockey approval to play U10 can play at the Full Ice Mite AAA level in the same season. Requests to play on Mite A or B teams must be approved by the AHF commissioner (allows some controls over unfair moves)
 - c. Mites playing on a half ice team may only join a full ice A or B team within their own organization. Teams cannot add players to their teams from other USA Hockey organizations.
2. Mite Half Ice Advanced/Intermediate/Beginner Roster Movement Rules:
 - a. Upward player movement, ie B team to A team, players who have moved up from B to A can move back down to the original team roster.
 - b. A to B roster moves must be agreed to by both organizations and be approved by the AHF Commissioner .
 - c. No players granted age waivers to play squirt can play Half Ice.
 - d. No players from outside organizations on the roster.
3. Mite Full Ice Add On Roster Creation/Movement Rules:
 - a. Roster comprised players from Mite teams throughout an organization and currently on their USA Hockey roster.
 - b. Organization can seek approval by league commissioner to add players from outside organization

5.3 Parity Event - Division Composition

1. The AHF will host a parity event in the Spring (multiple locations to reduce travel)
2. All Mid-Atlantic Teams from Mite Advanced to 18U are required to attend
3. Format will be (3) - 30 minute running clock games
4. Schedule matrices for the season will be built based on the results from this event along with evaluations from coaches, roster changes and performance from the previous season.

5. While a team will be placed in one division, their schedule may include teams from other divisions that are geographically close in order to build a competitively balanced schedule
6. Failure to appear at parity after teams declare attendance at the parity event will result in a \$2500. (If club fails to field a team, no fine shall apply)

5.4 Scheduling

1. The showcase weekends will be established by May and dates distributed to all League Members by the end of May. Attendance at the two assigned showcases are mandatory for all full season and partial season member teams.
2. The assignment of non-Showcase opponents will be done by the AHF staff and distributed to the League members by the date established in the AHF Guidebook.
3. Each League Member club will be assigned opponents for their Loose games, but the weekends for the actual game play are at the discretion of the individual clubs.
4. Each League Member shall be required to have one Master Scheduler that represents all of its Member teams.
5. Every league game time must be at a reasonable time given travel restrictions. Any disputes about scheduling or game times will be resolved by the Commissioner.
6. Schedules must be completed and entered in the AHF schedule system by the League Members by the date established in the AHF Guidebook. Failure to input ALL the League Members' teams non-showcase schedules the date established in the AHF Guidebook. will result in a fine of \$500 per week for every week after the date established in the AHF Guidebook.
7. Once the league schedule is released on the league website, League members will have 14 days to make changes without penalty. Any change to a schedule must be agreed to by both teams involved. The Commissioner has the discretion to fine a member organization \$250 per schedule change after August 1st.
8. After January 1, no schedule changes can take place without the approval of the Commissioner.
9. Any postponed league game must be rescheduled within ten (10) days of the date the game was postponed. If a game is postponed, the league shall impose a \$250 fine and subject to cover the cost of the game (Showcase rates- ice and referees) of the team requesting the postponement. The Commissioner has the right to deny any re-scheduling requests, re-schedule a postponed game at a time or venue he chooses, assign expenses as he chooses, make the final decision and will notify all parties.
10. If a League Member team drops out of the league after July 20, the Commissioner shall have the authority to re-formulate the schedule and any other related matter without approval of the league Board of Governors.
11. A team which does not appear for a scheduled league game (or cancels a game) will forfeit the game and must pay a fine of \$1,000 to the AHF plus game expenses if the game is canceled less than 14 days prior (Showcase Rates - ice and referees). The game will be recorded as a 1- 0 score in the standings. All fines must be paid prior to playoffs. Any unpaid fines may result in a team's disqualification from the playoffs and expulsion from the league.
12. A team that forfeits two (2) league games during the same season for failure to appear will be ineligible for playoff competition at the end of that season. A team that forfeits

three (3) league games for failure to appear during the same season will immediately be removed from the league with no refund.

5.5 Game Play and Game Day Protocols

1. The official score sheet will be prepared using the league approved software system, Game Sheet, or any future system. The score sheet must be approved by the head on-ice official at the conclusion of every game. Once it has been approved and uploaded to the league website, an official score sheet may not be changed by anyone other than the Commissioner. Each team Manager will be required to provide an iPad to record the game information and each club will be required to maintain spare iPads (for rent) at their front desk.
2. Warm up time will be a minimum of 3 minutes for all levels.
3. Game times for half-ice mites will run in a 70-minute slot (60 minutes of game time and a 10-min cut). Game times for Full-Ice Mite, 10U and 12U games will be 3 - 15-minute periods and the ice slot must be a minimum of 75 minutes of on-ice time for Mites (85 minutes including the ice cut at the end of the game) and 80 minutes for 10U and 12U (90 minutes including the ice cut). Game times for 14U games will be 3 – 16 minute periods and the ice slot must be a minimum of 90 minutes of on-ice time (100 minutes including the ice cut at the end of the game). Game times for 15U, 16U and 18U games will be 3 – 17 minute periods and the ice slot must be a minimum of 100 minutes of on-ice time (110 minutes including the ice cut at the end of the game). Failure for the home team to the required time will result in a forfeiture by the home team.
4. The scorekeeper must provide on-ice officials with the official score sheet from Gamesheet software immediately after the conclusion of a league game for their final approval as well as both coaches.
5. Two (2) on-ice officials will be scheduled for every league game. In situations beyond the control of the home team or the league a single official can officiate a league game for either a showcase or non showcase game.
6. The home team must provide a clean dressing room for the visiting team (a girl's locker room should also be made available as needed). The home team is required to provide off-ice officials for each scheduled league game including a Timekeeper and an Official Scorer (who could be the same person). Penalty box will be manned by a person from each team.
7. The home team must provide up to two volunteers at showcases and loose games to handle the clock and the score keeping duties. The scorekeeping must be done on an iPad using Game Sheet – no paper score sheets will be allowed.
8. A team playing an ineligible or improperly registered player in a league game will forfeit that game and may be ineligible for playoffs.
9. A team must have a minimum of six (6) skaters and one (1) goaltender dressed for the game. Failure to meet this number of players will result in a forfeit loss for the team that does not meet the minimum roster requirement for the game. The game will be recorded as a 1-0 victory in the standings.
10. If the goal differential is 5 or greater during the second or third period, the clock shall be set to running time. If the game differential is 4 or less, the game returns to stop time. At 5 or greater in the second period, the clock shall be set to running time. No adjustments to penalties will be made. If a penalty expires during a play stoppage, the player may not leave the penalty box until the puck is dropped at the next faceoff.

11. Games are considered official after 2 periods of play. If a game is discontinued after 2 periods of play due to situations beyond the control of the rink, home team, away team, on ice official or the AHF the game will be recorded in the standings as complete and final.
12. Mite Half Ice Rules
 - a. All games to be played half ice with boards or bumpers placed at the red line
 - b. Small nets must be used for all AHF half ice games
 - c. Score will not be kept and there will be no stats/standings
 - d. Penalties will be served by the player sitting 1 shift following the infraction

5.6 Regular Season Overtime and Shootout Format

1. All league regular season games remaining tied at the end of the third period will be decided by a 5-minute, running time, 3v3 sudden death overtime.
2. In 3 v 3 sudden death overtime teams will defend the same net that is defended in period (2), (ie long change).
3. If the game is still tied at the end of overtime, the game will end in a tie.

5.7 Playoffs

1. KRACH ratings will be used to determine final playoff rankings.
2. All teams that play their required scheduled games will be eligible for a playoffs based on KRACH ratings.
3. After final team, age and level declarations, the AHF Commissioner in consultation with the AHF Competition Committee will recommend to the AHF Board of Directors the number of teams that will qualify for playoffs at each age division and the number of teams as well as the format for each division will be available in the season guidebook by July 1st . Refer to the current season's handbook for the current format.
4. Any team dropping out of playoffs after January 15th shall be fined \$2500 paid by the organization prior to the start of playoffs. Any unpaid fines may result in the organization being disqualified from playoffs and expulsion from the league.
5. The higher seeded team will be designated the home team for the first game of the playoff series and thereafter using a bracket format.
6. All league playoff and championship games remaining tied at the end of the third period will be decided by a 5-minute 3v3 sudden death overtime. In 3 v 3 sudden death overtime teams will defend the same net that is defended in period (2), ie the long change. If the playoff game is still tied at the end of overtime, the game will proceed to a shootout and penalty shot rules will apply. The shootout format will be as follows:
 - a. All AHF round robin and championship games tied after the sudden death overtime period will move to a shootout with the following format:

Phase 1: Alternate Shot

Three (3) unique shooters for each team alternating shootout attempts with the visiting team shooting first each time until all 6 shooters, 3 home and 3 visiting, have shot. The team that scores the most goals in Phase 1 is declared the winner. If the teams score an equal number of goals in phase 1, the shootout

moves to phase 2. A player whose penalty has not expired before the end of an overtime or regulation period is ineligible for the shootout and sudden death shootout.

Phase 2: Sudden Death

- Visiting team will shoot first followed by the home team
- If one team scores and the other does not the team that scores is the winner
- If both teams score, move to the next round of sudden death shootout with visiting team shooting first followed by the home team
- If both teams fail to score, move to the next round of sudden death shootout with the visiting team shooting first followed by the home team
- The home team and the away team may use the same shooter in consecutive rounds of the sudden death phase

5.8 Showcases and Showcase Fees

1. Showcase fees shall be finalized by January 1 and distributed to all League Members for the upcoming season. Fees will be due in three (3) installments payable June 1 (1/3), August 1 (1/3) and September 1 (1/3). A fee schedule for each season will be published separately.
2. Showcase and playoff ice rates for each season shall be published separately. A 10-minute ice cut will be added to the hourly calculation. For example: If the on-ice game time is 80 minutes then the cost for that game slot will be calculated using 90 minutes. Showcase fees will include the costs associated with all showcase and playoff games. Non-showcase games are not included in the showcase fees and League Members will pay the cost associated with hosting non-showcase games.
3. AHF season team fees that cover Parity Event, All Star Games and Playoffs will also be published separately. Member clubs shall receive two showcases of 4 games each. All showcases will be held at Member Club rinks.
4. Subsequent year fees will be determined by the Board of Governors by January 1.

5.9 Suspensions

1. Any suspension issued for an action occurring during a league game will be served in the next USA Hockey sanctioned game (i.e. not a non-league game). As a reminder, a coach who plays a suspended player in a game is subject to a match penalty.
2. Penalties assessed during a league game by on-ice officials or mandatory suspensions per the USA Hockey Rules are not subject to appeal or review by a league official.

6.0 Federation Discipline Policy

1. The Federations support the on ice calls of the officials.

- 1.1. The Federations will follow [USA Hockey Rule 411](#) for Progressive Suspensions including but not limited to:
 - 1.1.1. 411 (a) Any **player** who receives
 - 1.1.1.1. third major **penalty** during the same season for any combination of aggressive infractions listed below shall receive an additional three game suspension
 - 1.1.1.2. fourth major **penalty** in this category, the **player** shall receive an additional five-game suspension.
 - 1.1.1.3. fifth major **penalty** in this category during the same season shall be suspended until a hearing is conducted by the **proper authorities** (USA Hockey Affiliate).
 - 1.1.1.4. These designated **game suspensions** shall be in addition to any other suspensions imposed through the official playing rules. The aggressive infractions that fit into this category are:
 - 1.1.2. 411 (b) Any team that receives
 - 1.1.2.1. three major penalties in the same game shall have its Head **Coach** suspended for the next game of that team.
 - 1.1.2.2. For any subsequent game where that team receives three or more major penalties in the same game, the Head **Coach** shall serve a three-game suspension.
 - 1.1.2.3. For a third game with three or more major penalties by the same team during the same season, the Head **Coach** shall be suspended indefinitely until a hearing has been conducted by the **proper authorities** (USA Hockey Affiliate).
 - 1.1.3. 411 (c) Any **coach** who receives
 - second game misconduct **penalty** in the same season for a violation of Rule 601 shall automatically receive an additional three-game suspension.
 - 1.1.3.1. third game misconduct **penalty** in the same season for a violation of Rule 601 shall automatically be suspended from USA Hockey activities until a hearing is conducted by the Proper Authority.
 - 1.2. The Federations will work with USA Hockey to assess appropriate discipline in the situations of a Match Penalty following [USA Hockey's Standardized Discipline Policy](#) - Match Penalties
2. Game Misconduct Accumulation Policy
 - 2.1. The AHF will follow the following Game Misconduct Accumulation Policy for player's receiving 3 game misconducts or more in AHF games:
 - 2.1.1. Third game misconduct, the player shall receive an additional one (1) game suspension
 - 2.1.2. Fourth game misconduct, the player shall receive an additional two (2) game suspension.
 - 2.1.3. Fifth game misconduct, the player shall be suspended until a hearing is conducted by the AHF Director of Officiating

- 2.2. These designated game suspensions shall be in addition to any other suspensions imposed through the official playing rules.
3. The Federations reserve the right to apply Supplemental Discipline as outlined in [USA Hockey Rule 410](#).
 - 3.1. There is no right to appeal a game misconduct, because this rule is considered to be part of the referee's game jurisdiction.
 - 3.2. The Federations shall look into any event that it deems a "detriment to player safety or the game." at the discretion of the commissioner or By by member (JH)
 - 3.2.1. The Federation reserves the right to review and investigate any report in regards to locker room, discrimination, parent behavior, coach related matters, etc.
 - 3.3. Supplemental discipline may be assessed under USA Hockey Rule 410, Supplementary Discipline, following a hearing. Has the ability to send to the appropriate affiliation for ratification.
 - 3.4. All hearings should have the following components.
 - 3.4.1. Adequate notice of the time and place of the hearing must be provided. This should be in writing. "Adequate notice" means giving a reasonable chance to prepare, including obtaining evidence or affidavits and getting the assistance of others.
 - 3.4.2. Notice of the charges or issues that will be considered and the possible discipline that may occur must be provided. This should also be in writing. It is the Association's responsibility to give prior notice of the allegations and the possible discipline. For example, absent an immediate threat to the safety of youth players, it would be improper to schedule a meeting to "discuss" a coach's conduct, and to then suspend the coach based on the "discussion."
 - 3.4.3. Where playing conduct is under review, the player or his parent must be provided with the information supporting the suspension, including a copy of the game scoresheet and any report submitted by the referees, as well as videotapes and written statements, or summaries of oral statements, to the extent those were relied upon in awarding or sustaining the penalty.
 - 3.4.4. The person or panel that is ruling on the matter must be impartial and they must not have previously made up their mind on a dispute. It is invalid for someone who is involved in the dispute to rule on a matter.
 - 3.4.5. The person who is the object of the hearing must have the right to hear all negative evidence and to present all favorable evidence. They must be permitted to have someone assist them or represent them.
 - 3.4.5.1. However, legal rules of evidence do not apply and they do not have unlimited time to present their case.
 - 3.4.6. The decision resulting from the hearing shall be promptly conveyed and should be memorialized in writing.
 - 3.4.7. Appeals to AAHA within fourteen (14) days of the ruling by the league or club that is being appealed.

- 3.4.8. The decision of the Discipline/Dispute Resolution Committee may be appealed to the AAHA Appeals Committee under certain restrictive rules.
4. The Federations receives unsolicited video during the season with a request that we consider supplemental discipline for an infraction that either went uncalled or, where the penalty assessed was not appropriate. Availability of higher quality video, and in the interest of ensuring the safety of our athletes, we are introducing a trial video review program.
 - 4.1. The Federations will NOT use video review for the **purpose of changing** any on ice call, UNLESS the video clearly and unambiguously demonstrates MAJOR/GAME MISCONDUCT penalty assessments were made to the wrong player.
 - 4.1.1. Video must clearly show, without question, that the wrong player was identified and penalized by officials during the infraction.
 - 4.1.2. The Federations will only consider a review if the penalty assessed was a MAJOR/GAME MISCONDUCT.
 - 4.2. Video submitted for potential review by Federation, will only be accepted/considered if presented by a member Association's Hockey Director or President. (No individual or parent submissions will be accepted.) The following process shall be followed:
 - 4.2.1. Upon review by the Association, and determination that a request for further action is requested, the Association's Director of Hockey must complete the "Video Review Request" form.
 - 4.2.2. Completed form must be sent within 48 hours of the incident to vicepresident@Federationhockey.org. Form must be submitted with a \$150 check (\$250 check if the request is for review of a mis-identified player).
 - 4.2.3. If the video is accepted and supplemental disciplinary hearing is conducted, the check will be returned. If the video does NOT result in a hearing to determine additional discipline or correct player identification, the \$100/\$250 check will be considered a fine to the organization that submitted the video.)
 - 4.2.4. Upon receipt, the Referee in Chief will review and determine if the actions shown on video warrants further review.
 - 4.2.4.1. If it is determined that that event is of a Game Misconduct level, the video will be forwarded to the offending organization to be handled internally within the organization.
 - 4.2.4.2. If it is determined that the event is of a Match Penalty level, then the event proceeds to a review process.
 - 4.2.5. If further review is deemed warranted, a review process will be undertaken by a Video Review Committee (the "VR Committee).
 - 4.2.6. The Video Review Committee will make a recommendation to the Federation Commissioner who will make the final determination on conducting a supplemental discipline hearing.

- 4.2.7. Supplemental Discipline will not be imposed until a hearing has been conducted with the player, coach or parent that is the subject of the request.
- 4.2.8. Discipline administered by Federation will be imposed immediately and the subject of supplemental discipline will retain all appeal rights as provided for in the Federation Guidebook and USA Hockey Bylaw 10. (Any discipline assessed will not be delayed while an appeal is in process.)

7.0 Player and Coach League Waiver

1. It is mandatory that all players and coaches complete the online AHF Registration and Participant Waiver. The waiver link is available on the home page of the AHF website.
2. Any player or coach who does not complete the waiver will not be eligible for competition.

8.0 Spectator and Zero Tolerance Policy

The AHF has adopted the USA Hockey Zero Tolerance policy and this policy applies to all participants in the league including players, coaches, on ice officials, off ice officials and parents/spectators. In instances where a participant receives a match penalty for the violation of rule 601 during an AHF showcase or non showcase game, the AHF Director of Officiating and the AHF Commissioner will work with the appropriate USA Hockey affiliate to conduct an investigation into the incident and the USA Hockey affiliate will enforce penalties outlined in rule 601.

9.0 Spectator and Zero Tolerance Policy

It is illegal to video any games in the AHF. If a player, parent, family member or friend produce (or any other version of such) a video or livestream or any other broadcast production of an AHF event or game, the player can be immediately suspended or dismissed from the team, league or tournament for the remainder of the season with no refunds provided.

Appendix

1) Inclement Weather Policy

- a) As we enter the winter driving season in the Mid-Atlantic, it is important that we remind organizations that decisions to postpone/reschedule AHF games due to impending winter weather that will disrupt travel, made in advance of rink closings must be made by the master schedulers of the organizations.
- b) The decision to postpone can be made as late as Friday or Saturday at the Master Scheduler's discretion.
- c) Please email staff@atlantichockeyfederation.com , when games are postponed due to winter weather and send rescheduled details as soon as possible so the league schedule can be updated.
- d) Our families' safety is our primary focus and we ask everyone to make travel decisions with this in mind.

2) Inclement Weather Postponement/Reschedule Guidelines

- a) Traveling team manager contacts their organization's master scheduler informing of possible travel issues due to impending winter storm affecting weekend travel.
- b) The Travel team's master scheduler contacts the host organization's master scheduler to discuss alternative dates in case winter weather forecasts cause postponement.
- c) If the traveling team's master scheduler and the host organization's master scheduler agree to postpone/reschedule in advance of rink closure due to hotel arrangements or travel distance, organizations should email, staff@atlantichockeyfederation.com, with the new date and time.
- d) In instances where both parties are not in agreement regarding the decision to postpone/reschedule or reschedule dates, times and locations can not be agreed upon, both organizations shall contact the AHF Commissioner. The commissioner's decision in these instances will be final and binding for both organizations.
- e) Any games that are postponed due to rink closure as a result of a winter storm must be rescheduled within 10 days of the postponed date, please email notification of the new dates and times to staff@atlantichockeyfederation.com.
- f) In instances where both organizations can not agree on reschedule dates, time or locations, both organizations shall contact the AHF commissioner. The commissioner's decision in these instances will be final and binding for both organizations. shall contact the AHF commissioner. The commissioner's decision in these instances will be final and binding for both organizations. Please note the games must be rescheduled within 10 days but can be played on dates beyond 10 days.

3) Participant Waiver



Atlantic Hockey Federation Participant Waiver

Release of Liability and Assumption of Risk Agreement “READ BEFORE SIGNING”

It is the purpose of this agreement (the “Agreement”) to exempt, waive and relieve Releasees from all forms of liability as a result of participation in events sponsored by releases for any and all reasons including without limitation for personal injury, property damage, and wrongful death, including without limitation if caused by negligence, including the negligence, if any, of Releasees. "Releasees" include Atlantic Hockey Federation, LLC, and any of their respective affiliates, officers, directors, managers, members, agents and employees (all referred to together as “AHF”). The team, participant (“Participant”) (and Participant's parent(s)/guardian(s) also certify and warrant to AHF that the team manager or custodian of team records has, on file, written waivers from liability (USA Hockey or Hockey Canada Registration) for each team player identified on the team roster and each player participating in this league and/or event(s). The team, parent(s), Participant(s) and/or guardian(s) understand that AHF shall rely upon the statements in this form in agreeing to accept the Participant's and/or team's participation in this league and/or event(s).

For and in consideration of the undersigned Participant's registration with AHF, and being allowed to participate in AHF events and related activities, **Participant (and the parent(s) or legal guardian(s) of Participant, if applicable) waive, release** and relinquish any and all claims for liability and cause(s) of action, including, but not limited to, for personal injury, property damage or wrongful death occurring to Participant, arising out of participation in AHF events, the sport of ice hockey, and/or activities incidental thereto, whenever or however they occur and for such period said activities may continue, and by this agreement any such claims, rights, and causes of action that Participant (and Participant's parent(s) or legal guardian(s), if applicable) may have are hereby waived, released and relinquished, and Participant (and parent(s)/guardian(s), if applicable) does(do) so on behalf of my/our and Participant's heirs, executors, administrators and assigns.

Participant (and Participant's parent(s)/guardian(s), if applicable) acknowledge, understand and assume all risks relating to ice hockey and any team activities, and understand that ice hockey and team activities involve risks to Participant's person including bodily injury, partial or total disability, paralysis and death, and damages which may arise therefrom and that I/we have full knowledge of said risks. These risks and dangers may be caused by the negligence and/or willful misconduct of the Participant or the negligence and/or willful misconduct of others, including the “Releasees” identified above. These risks and dangers include, but are not limited to, those arising from participating with bigger, faster and stronger Participants, and these risks and dangers will increase if Participant participates in ice hockey and team activities in an age group above that which Participant would normally participate in. I/We further acknowledge that there may be risks and dangers not known to us or not reasonably foreseeable at this time. Participant (and Participant's parent(s)/guardian(s), if applicable) acknowledge, understand and agree that all of the risks and dangers described throughout this agreement, including those caused by the negligence of Participant and/or others, are included within the waiver, release and relinquishment

described in the preceding paragraph. I/We acknowledge that all players are required to have and do have his/her own medical insurance coverage. I/We further agree and acknowledge that complete hockey equipment, including mandatory equipment required by the team's home and league's governing body is required to be worn during AHF events and it is understood by the team that any player who does not possess the required equipment will be prevented by the team from participating in any game. I/We also agree that we are members of USA Hockey, Inc. and are bound by all of USA Hockey, Inc.'s rules and regulations.

Participant (and Participant's parent(s)/guardian(s), if applicable) acknowledge, understand and assume the risks, if any, arising from the conditions and use of ice hockey rinks and related premises and acknowledge and understand that included within the scope of this waiver and release is any cause of action (including any cause of action based on negligence and or willful misconduct) arising from the performance, or failure to perform, maintenance, inspection, supervision or control of said areas and /or events and for the failure to warn of dangerous conditions existing at said rinks and/or events, for negligent selection of certain Releasees, or negligent supervision or instruction by Releasees. As further consideration for registration and participation in AHF events and member team activities, Participant

(and the parent(s) or legal guardian(s) of Participant, if applicable), hereby (1) consents and agrees that AHF, its licensees and designees and affiliates may make video and/or audio recordings of and/or otherwise film, photograph or memorialize some or all of Participant's participation in such events and activities, and (2) grants to AHF, its licensees, designees and affiliates, successors and assigns, a worldwide, perpetual, irrevocable, fully-paid, royalty-free, transferable and sublicensable right and license to use, copy and disseminate Participant's image and personal attributes, and to modify and present same in any form, manner and media, now known or hereafter devised, for any purpose whatsoever.

I willingly agree to comply with the stated and customary terms and conditions for participation in the AHF events and member team activities. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately

Participant (and Participant's parent(s)/guardian(s), if applicable), agree if any third party claim for Participant's personal injury or wrongful death is commenced against Releasees, he/she shall defend, indemnify and save harmless Releasees from any and all claims or causes of action by whomever or wherever made or presented for Participant's personal injuries, property damage or wrongful death.

Participant and Participant's parent(s)/guardian(s), if applicable), acknowledge that they have been provided and have read the above paragraphs and have not relied upon any representations of Releasees, that they are fully advised of the potential dangers of ice hockey and understand these waivers and releases are necessary to allow amateur ice hockey to exist in its present form. Significant exclusions may apply to USA Hockey, Inc.'s insurance policies, which could affect any coverage you may have. For example, there is no liability coverage for claims of one player against another player, and Participant and Participant's parent(s)/guardian(s) waive any rights to make a claim against the Releasees for this or any other reason.

This Agreement will be governed by and construed under the laws of the State of Delaware (without reference to its choice of laws rules, as if to be entered into and performed wholly within the State of Delaware by residents of the State of Delaware). If any clause or provision of this Agreement is determined to be illegal, invalid, or unenforceable under present or future laws, the remainder of this Agreement shall not be affected by such determination, and in lieu of each clause or provision that is determined to be illegal, invalid or unenforceable, there shall be added as a part of this Agreement a

clause or provision as similar in terms to such illegal, invalid or unenforceable clause or provision as may be possible and be legal, valid and enforceable.

Subject to strict adherence with the terms and conditions of the Dispute Resolution mechanisms in this agreement, ALL PARTIES TO THIS AGREEMENT HEREBY FREELY WAIVE ANY OF THEIR RESPECTIVE RIGHTS TO A TRIAL BY JURY, BASED UPON, RELATED IN ANY MANNER TO OR ARISING OUT OF THIS AGREEMENT OR ANY DEALINGS BETWEEN THEM RELATING TO THIS AGREEMENT OR THE MANAGEMENT OR OPERATION OF THE COMPANY. The scope of this waiver is intended to be all-encompassing of any and all disputes filed in any court for any reason relating to this Agreement including, without limitation, contract, tort, breach of duty and all common law and statutory claims. All parties to this Agreement acknowledge that they have and are receiving the benefits of this Agreement and that this waiver was and is a material inducement to enter into this Agreement, that each has already relied on the waiver in entering into this Agreement, and that each will continue to rely on the waiver in their related future dealings. Each party to this Agreement represents and warrants to the other parties to this Agreement that it will strictly comply with the terms and conditions of the Dispute Resolution section of this agreement and that each party has reviewed this waiver with its legal counsel, and that each knowingly and voluntarily waives its jury trial rights following consultation with legal counsel. THIS WAIVER IS IRREVOCABLE, MEANING THAT IT MAY NOT BE MODIFIED EITHER ORALLY OR IN WRITING, AND THE WAIVER APPLIES TO ANY SUBSEQUENT AMENDMENTS, RENEWALS, SUPPLEMENTS OR MODIFICATIONS TO THIS AGREEMENT.

Dispute Resolution: All Members and parties to this Agreement agree and consent that any dispute, controversy or claim arising under this Agreement among the parties hereto shall be resolved exclusively by arbitration conducted in Washington, DC, in accordance with the Commercial Arbitration Rules of the American Arbitration Association, which rules are incorporated by reference into this Section. A single arbitrator shall be chosen by mutual agreement of the parties. If the parties cannot agree on a single arbitrator, then the arbitration shall be conducted by three (3) arbitrators whereby each party shall choose one (1) arbitrator and those two (2) arbitrators shall select a third arbitrator. The arbitration shall be conducted in a single hearing, and the arbitrator shall render his/her/their decision within a reasonable time after the conclusion of the hearing. The decision of the arbitrator(s) shall be final and not appealable. Judgment upon any decision rendered by the arbitrators may be entered by any court having jurisdiction. The Parties each irrevocably agree to submit personally to venue and jurisdiction in Washington, DC for purposes of the arbitration and further agree that a fully binding and enforceable arbitration hearing may be conducted there, and that a fully binding and enforceable arbitration award may be issued, notwithstanding any law or rule that might otherwise limit the arbitrator's jurisdiction over any party or any dispute subject to this arbitration agreement. Once commenced, the arbitration shall proceed to an enforceable, final award regardless of any party's failure or refusal to participate. The arbitrator shall apply the substantive laws of the State of Delaware in all respects and notwithstanding any choice of law rules to the contrary. To the fullest extent provided by law, the parties hereto irrevocably and unconditionally waive any right to appeal or seek modification of any ruling or award by the arbitrator. The parties hereto shall maintain the confidential nature of the arbitration proceeding and the award, including when seeking to confirm or vacate the award in court, unless otherwise required by law or judicial decision. With regard to any arbitration or other proceeding filed or brought by any of the parties against another party hereto, and/or the AHF, the Prevailing Party (defined below) shall be entitled to recover all of its reasonable costs and expenses incurred in connection with such dispute, including the fees and expenses of counsel of to the parties thereto, which may include printing, photostating, duplicating and other expenses, air freight charges, and fees billed for law clerks, paralegals and other persons not admitted to the bar but performing services under the supervision of an attorney, and the costs and fees incurred in connection with the enforcement or collection of any judgment obtained in any such

proceeding (“Costs and Expenses”). The term “Prevailing Party” means that party whose position is substantially upheld in a final judgment rendered in such proceeding. The provisions of this section shall survive the entry of any judgment, and will not merge, or be deemed to have merged, into any judgment. This provision of this section, and the obligation of payment of any Costs and Expenses of the Prevailing Party, shall inure to the benefit of and protect each party hereto, and the AHF, as the case may be, from and against any party that brings an action or otherwise asserts a claim in any other forum or jurisdiction in contravention to the arbitration provisions of this section, such that any Costs and Expenses incurred by the Prevailing Party in any such action shall be paid by the non-Prevailing Party. This agreement affects your legal rights, and you may wish to consult an attorney concerning this agreement. Participant (and Participant's parent(s)/guardian(s) hereto further warrant and represent that it has reviewed or had the opportunity to review this agreement with its legal counsel and that it knowingly and voluntarily enters into this agreement and waives any rights covered hereunder.

If any part of this agreement is determined to be void and unenforceable, the remainder shall remain in full force and effect.

I acknowledge that the novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and spreads from person-to-person contact. AHF and/or the Releasees have put in place preventative measures to reduce the spread of communicable diseases; however, we cannot guarantee that you or your child(ren) will not become infected while attending our facilities. While we've implemented reasonable preventive measures, we depend on each and every visitor and their families to follow the guidelines from the Center of Disease Control, and all applicable federal, state, and local health department guidelines, rules, laws, and regulations before and while visiting our premises. We are all in this together and rely on each other to adhere to the above-mentioned guidance and legal restrictions. The undersigned fully understands and acknowledges both the known and potential dangers of utilizing the/our facilities, services, and programs and acknowledge that use thereof by the undersigned and/or such participating children may, despite our reasonable best efforts to mitigate such dangers, result in exposure to communicable diseases, which could result in quarantine requirements, serious illness, disability, and/or death.

This Waiver may be executed by signatures transmitted via facsimile or electronic transmission, such as a “pdf” document transmitted through electronic mail, which shall have the same force and effect as an original signature. If you have any questions, contact Atlantic Hockey Federation, LLC.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.